1-8. (Canceled)

9. (Currently amended) A motor vehicle seat comprising:

a seat height adjustment device configured to adjust a first part of the motor vehicle seat in relation to a second part of the motor vehicle seat; and

at least one crash element that is disposed between said first and second parts of the motor vehicle seat, and <u>that</u> at least impedes movement of the first part relative to the second part in the event of <u>upon</u> a collision;

wherein[[,]] the crash element comprises a piston-cylinder unit[[,]] <u>having</u> a piston and a cylinder;

wherein the piston being has toothing formed thereon and is connected to the first part of the motor vehicle seat; and

wherein the cylinder being is connected to the second part of the motor vehicle seat; and

wherein an opening is provided in a cylinder wall of the eylinder, through which cylinder so that a toothed blocking element of a blocking device ean be engaged is movable through said opening to engage in a blocking manner with [[a]] said toothing formed on the piston, at least piston in the event of a collision;

wherein the cylinder is rotatably mounted on the motor vehicle seat via a mounting point formed on the cylinder; and

wherein the mounting point of the piston on the first part of the motor vehicle seat is at the same time a mounting point for a belt buckle.

10-11. (Canceled)

- 12. (Previously presented) The motor vehicle seat as claimed in Claim 9, wherein the blocking device is arranged on the outside of the cylinder.
- 13. (Previously presented) The motor vehicle seat as claimed in Claim 9, wherein the blocking element is actuated mechanically, pyrotechnically, electrically or electromagnetically.

14. (Canceled)

- 15. (Currently amended) The motor vehicle seat as claimed in Claim 9, wherein[[:]] the blocking element is permanently remains in its blocking position.[[:]] and the blocking element moves to a non-blocking position only in the event of a seat height adjustment.
- 16. (Previously presented) The motor vehicle seat as claimed in Claim 9, further comprising at least one locking element that is triggerable to fix the blocking element in its blocking position.
- 17. (Currently amended) A height adjustment device for a motor vehicle seat having first and second parts which are movable relative to each other, said height adjustment device comprising:

at least one crash element that is disposed between said first and second parts of the motor vehicle seat, and <u>that</u> at least impedes movement of the first part relative to the second part in the event of <u>upon</u> a collision;

wherein[[,]] the crash element comprises a piston-cylinder unit[[,]] <u>having</u> a piston and a cylinder;

wherein the piston being has toothing formed thereon and is connected to the first part of the motor vehicle seat; and

wherein the cylinder being is connected to the second part of the motor vehicle seat; and

wherein an opening is provided in a cylinder wall of the eylinder, through which cylinder so that a toothed blocking element of a blocking device ean be engaged is movable through said opening to engage in a blocking manner with [[a]] said toothing formed on the piston, at least piston in the event of a collision, wherein the cylinder is rotatably mounted on the motor vehicle seat via a

wherein the cylinder is rotatably mounted on the motor vehicle seat via a mounting point formed on the cylinder; and

wherein the mounting point of the piston on the first part of the motor vehicle seat is at the same time a mounting point for a belt buckle.

18. (Previously presented) The height adjustment device according to Claim 17, wherein:

said first part is mountable to a floor of the vehicle; and said second part is mountable to a cushion of said vehicle seat.

19. (Previously presented) The height adjustment device according to Claim 17, wherein:

said second part is mountable to a floor of the vehicle; and said first part is mountable to a cushion of said vehicle seat.

20-21. (Canceled)